Presented by:

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Sheldon House is a program of **Cherry Health**
Those who struggle with persistent mental illness often have difficulties in the areas of:

- Employment & Education
- Sense of Purpose
- Independence
- Social Relationships
- Sense of Belonging
SHELDON HOUSE CAN HELP

What is a Clubhouse Model Program?
CLUBHOUSE MOVEMENT

- Originated in New York City in the 1948 (Fountain House)
- Operates on proven standards set forth by Clubhouse International
- Currently 43 Clubhouses in Michigan and 100’s more around the world
- September 2014 - Sheldon House became accredited with Clubhouse International, representing quality in Clubhouse practices
- Sheldon House is a proud member of the Clubhouse Michigan Clubhouse Coalition
TOGETHER WE ACCOMPLISH MORE!
CURRENT MEMBERSHIP DATA

120 active members
Attendance of about 40 members per day
6 staff (Clubhouse Advocates), involved in all areas of the Clubhouse
KEY CLUBHOUSE COMPONENTS

✓ Work Ordered Day
✓ Employment Supports (including Transitional Employment opportunities)
✓ Meaningful Relationships
✓ Community Based Decision Making
✓ Education Supports
✓ Community Supports
✓ Recreational Opportunities
BUILDING RELATIONSHIPS
SUPPORTING EACH OTHER
CELEBRATING AND LEARNING TOGETHER
MEET SOME OF OUR MEMBERS

Click for VIDEO:

https://drive.google.com/file/d/0B9gEykJLqTndYMzkwHdFTnM/view?usp=sharing
EMPOWERMENT IS KEY

- Membership is voluntary. Participation & attendance is at the member’s choosing.
- Relationships are collegial. Members and staff work together in all of the work (including research, data reporting, hiring decisions and other administrative tasks). Members are also involved in all trainings and conference attendance.
- All space and all meetings are for both members and staff.
- Members write their own progress notes.
- Members feel wanted and needed. At a Clubhouse, there is too much to do that staff can not do it without member’s help.
OUTCOMES

According to available research, accredited Clubhouses achieve the following tangible results for members and their communities:

**Better transitional employment results:** longer on-the-job tenure

**Cost effectiveness:** the cost of Clubhouses is estimated to be one-third of the cost of the IPS model; about one-half the annual costs of Community Mental Health Centers; and substantially less than the ACT model

**Reduced hospital stays:** membership in a Clubhouse has resulted in a significant decrease in the number of hospitalizations

**Reduced incarcerations:** criminal justice system involvement is substantially diminished

**Improved well-being:**
- more likely to report that they had close friendships and someone they could rely on when they needed help
- enhanced mental and physical health by reducing disconnectedness
IS CLUBHOUSE MEMBERSHIP A GOOD FIT?

Eligibility:

- All members have a primary diagnosis of mental illness (Schizophrenia, Schizoaffective Disorder, Bipolar, Depression, Obsessive-Compulsive Disorder)

- All members currently receive mental health case management services through a Network 180 program (Cherry Health, Pine Rest, HHS, CSI, Hope Network, InterACT). Case manager makes the referral.

- All members have a treatment plan that includes Clubhouse Services, with a goal that can be met through Clubhouse involvement.

- Clubhouses serve a wide variety of members. However, it is not for everyone.
  - severity of symptoms requires a more intensive level of care
  - has behavior that would threaten or pose a health and safety risk to himself and/or others.
  - has a recent history of violence towards self or others.
  - has symptomatic behaviors that disrupt the daily work of the clubhouse.
  - is unable to self-direct and necessitates frequent redirection or monitoring.
WANT TO LEARN MORE:

Stop in for a Tour
201 Sheldon Blvd, Grand Rapids MI 49503

Find us on Facebook
Search “Sheldon House”

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QUESTIONS?