MOKA is a change agent for hundreds of individuals with all types of disabilities throughout West Michigan. We have created opportunities for independence and acceptance for individuals and families since 1978. Individuals live successfully at home, transition to community living situations, and develop employment skills for jobs. Based on your eligibility, and authorization from your local community mental health agency, you may be eligible for our services detailed below.

**Supports Coordination and Enhanced Health Care**

We assist individuals using a person-centered planning process. We honor their choices and strengths to prioritize and customize an array of services to best meet their specific needs.

Individuals eligible for covered mental health services have a choice. They can receive those services in the traditional manner or choose to self-direct services. Individuals wanting to live a more self-determined life may choose to self-direct mental health services as one way to take more control and more responsibility for mental health services. Whether choosing traditional services or self-directing mental health services, a Supports Coordinator will complete a comprehensive assessment to determine the services you are eligible for. We will then assist you with the selection and authorization for the services identified in your person-centered plan.

Eligibility for Enhanced Health Care services is also determined from the comprehensive assessment completed by your Supports Coordinator with input from you and, if you desire, a designated representative. Enhanced Health Care may include clinical support services such as nursing, dietary, psychological, psychiatric, individual or group therapy, as well as speech and language interventions based on the individual’s assessed needs.

**Hours:** Monday to Friday 8:00 a.m. to 6:30 p.m. For information, contact DeeAnn Hands, Clinical Coordinator at dhands@moka.org or call (616) 719-4263 ext. 513.

**Community Living Support**

When we work with an Individual, we help them develop or maintain a meaningful life. Whether living in a specialized, licensed adult foster care home or living in their own home or apartment, individuals partnering with MOKA build lives based on healthy relationships, enduring friendships, and increasing competence.

**Hours:** Services delivered as specified in each individual’s person-centered plan. For information, contact Doreen Oom, Community Living Supports Coordinator at doom@moka.org or call (616) 719-4263 ext. 524.

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Life Skills Community Living Supports

By guiding individuals through a process of self-discovery, along with teaching skills, we equip each person in becoming contributing members of their community. We use the community as our classroom to teach and focus on relationships, interaction, and life skills that support each individual’s person-centered plan. Most of the program time is spent in neighborhoods, parks, businesses, and local venues. Transportation is included to and from a participant’s home in the morning and at the end of the day.

Skill Building

Individuals with a personal goal of employment gain knowledge, skill development and exposure to new opportunities. Daily activities support increased independence, community inclusion, and productivity. Individuals also receive assistance in community-based settings with specific skill acquisition, skill retention, and socialization. The development of community sites and curriculum is based on the needs identified in each individual person-centered plan and through our assessment process. Goals include attendance, task completion, problem solving, safety, and improving their attention span while working towards their ultimate objective of employment. Transportation is included to and from a participant’s home in the morning and at the end of the day.

Both services listed above are offered Monday to Friday with the choice of selecting which day(s) work best for you. For information, contact Sarah Aitken, Program Manager at saitken@moka.org or call (616)301-2218.

MOKA Regional Office-Kent County
4145 Kalamazoo SE
Grand Rapids, MI 49508
(616) 719-4263
Office hours: Monday-Friday
8:30 am - 5:00 pm

Kent County Skill Building
820 Monroe Ave. NW, Suite 150
Grand Rapids, MI 49503
(616) 301-2218

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