Parent-Mediated Intervention for Children with ASD
Brooke Ingersoll, PhD, BCBA-D
Michigan State University

What is parent-mediated intervention (PMI)?
- Systematic instruction in strategies to help parents accomplish specific goals or outcomes for their child

Roles in Parent-Mediated Intervention

Provider role
- Collaborate with caregiver to develop specific child goals
- Help caregiver to use strategies with child

Parent role
- Use strategies during daily routine and interactions with child

Goals
- Increased caregiver-child engagement and use of strategies to facilitate child skills
- Increased child skills

What are the outcomes of PMI in ASD?
- Evidence-Based Practice (child, parent, family)
- Family Outcomes
- Decrease stress
How can we increase community use of PMI?

- Improve implementation in existing systems
- Develop models that fit with community settings
- Develop alternative delivery models
- Create new or modify systems of care

barriers in private insurance

- Coding & provider qualifications
- Easy to implement in Medicaid world.