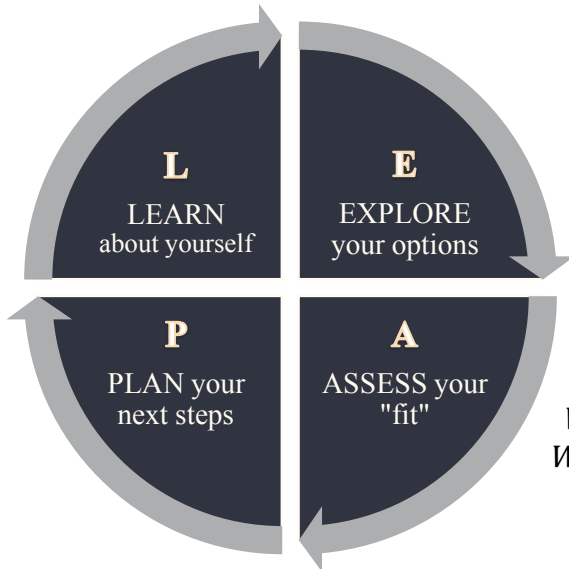




LEAP into Career Success



LEARN about yourself

Understand your interests, values, skills, motivation, and personality.

What do I love to do?

What is most important to me (your values)?

What do I like to do in my free time?

What skills and activities come naturally to me?

What are my favorite/least favorite classes?

EXPLORE your options

Understand the career, education, employment and training opportunities available to you.

What kinds of careers relate to my interests, values, and skills?

What activities can help me learn more about careers that interest me?

What education/training options are available for me?

What trends in employment/the economy/industry should I be aware of?

ASSESS your "fit"

Assess your options and choose the best match between yourself and your opportunities at this point in time.

What kind of lifestyle do I want in the future?

What kind of education/training am I able or willing to pursue?

What are the advantages and disadvantages of each option for me?

PLAN your next steps

Set short and long-term goals. Identify the steps you need to take to reach your goals and record them on your Educational Development Plan (EDP).

Which goals can I reach in the short-term (a year or less) and long-term (five years or less)?

Which courses should I take to help me gain the proper skills, knowledge and training?

What other kinds of experiences will help me move closer to my goals?

Have I created, reviewed and/or updated my EDP?

From new learning and experiences this year, what do I need to change on your EDP?