

**AUTISM SPECTRUM DISORDER**

**PARENT SUPPORT GROUP**

You are not alone, come meet and learn from other parents living with ASD.

**Groups meet twice a month on Saturday’s**

**11:00-1:00 P.M.**

**1657 Viewpond,**

**Kentwood Mi 49508**

Come enjoy a time away to relax, learn and de-stress

with people who understand!

Sessions topics include:

* Stress Management
* “Is anyone else experiencing this…?”
* Community Resources
* Nutrition and Supplementation
* Education on the latest Autism treatments. . . (On a budget ☺)
* Parent advocacy skills: what you need to know about IEP’s.

**Register for notification of times and dates**.

Register at [**www.gideonacademiccenter.org**](http://www.gideonacademiccenter.org), under the get involved tab.

or email

**zeniabates@gideonacademiccenter.org**

**Families need to be strong and well rounded in order to help their children reach their full potential and gain the most of their treatments. Healthy happy children come from strong families.**

www.gideonacademiccenter.org